

Fasting Calendar 2026

Purnima • Ekadashi • Amavasya

Date	Event	Start	End
Jan 02 (Fri)	Purnima	01/02 13:24	01/03 10:02
Jan 13 (Tue)	Ekadashi	01/13 09:47	01/14 12:22
Jan 18 (Sun)	Amavasya	01/17 18:34	01/18 19:51
Jan 28 (Wed)	Ekadashi	01/28 11:05	01/29 08:25
Feb 01 (Sun)	Purnima	02/01 00:23	02/01 22:09
Feb 12 (Thu)	Ekadashi	02/12 06:52	02/13 08:55
Feb 16 (Mon)	Amavasya	02/16 12:04	02/17 12:01
Feb 27 (Fri)	Ekadashi	02/26 19:03	02/27 17:02
Mar 02 (Mon)	Purnima	03/02 12:26	03/03 11:37
Mar 14 (Sat)	Ekadashi	03/14 02:40	03/15 03:46
Mar 18 (Wed)	Amavasya	03/18 02:55	03/19 01:23
Mar 28 (Sat)	Ekadashi	03/28 03:15	03/29 02:16
Apr 01 (Wed)	Purnima	04/01 01:36	04/02 02:11
Apr 13 (Mon)	Ekadashi	04/12 19:46	04/13 19:38
Apr 16 (Thu)	Amavasya	04/16 14:41	04/17 11:51
Apr 26 (Sun)	Ekadashi	04/26 12:36	04/27 12:45
May 01 (Fri)	Purnima	04/30 15:43	05/01 17:23
May 12 (Tue)	Ekadashi	05/12 09:22	05/13 07:59
May 16 (Sat)	Amavasya	05/15 23:41	05/16 20:01
May 25 (Mon)	Ekadashi	05/25 23:40	05/27 00:51
May 30 (Sat)	Purnima	05/30 18:28	05/31 08:45
Jun 11 (Thu)	Ekadashi	06/10 19:27	06/11 17:06
Jun 14 (Sun)	Amavasya	06/14 06:50	06/15 02:54
Jun 24 (Wed)	Ekadashi	06/24 12:42	06/25 14:39
Jun 29 (Mon)	Purnima	06/28 21:36	06/29 23:56
Jul 10 (Fri)	Ekadashi	07/10 02:46	07/10 23:52
Jul 13 (Mon)	Amavasya	07/13 13:20	07/14 09:43
Jul 24 (Fri)	Ekadashi	07/24 03:42	07/25 06:04
Jul 28 (Tue)	Purnima	07/28 12:49	07/29 14:35
Aug 08 (Sat)	Ekadashi	08/08 08:29	08/09 05:34
Aug 12 (Wed)	Amavasya	08/11 20:23	08/12 17:36
Aug 23 (Sun)	Ekadashi	08/22 20:30	08/23 22:48
Aug 27 (Thu)	Purnima	08/27 03:39	08/28 04:18
Sep 06 (Sun)	Ekadashi	09/06 13:59	09/07 11:33
Sep 10 (Thu)	Amavasya	09/10 05:03	09/11 03:27

Date	Event	Start	End
Sep 22 (Tue)	Ekadashi	09/21 14:30	09/22 16:13
Sep 26 (Sat)	Purnima	09/25 17:37	09/26 16:49
Oct 06 (Tue)	Ekadashi	10/05 20:37	10/06 19:04
Oct 10 (Sat)	Amavasya	10/09 16:06	10/10 15:50
Oct 21 (Wed)	Ekadashi	10/21 08:41	10/22 09:17
Oct 25 (Sun)	Purnima	10/25 06:26	10/26 04:11
Nov 04 (Wed)	Ekadashi	11/04 05:33	11/05 05:05
Nov 08 (Sun)	Amavasya	11/08 05:58	11/09 07:02
Nov 20 (Fri)	Ekadashi	11/20 01:45	11/21 01:01
Nov 24 (Tue)	Purnima	11/23 18:12	11/24 14:53
Dec 04 (Fri)	Ekadashi	12/03 17:33	12/04 18:14
Dec 07 (Mon)	Amavasya	12/07 22:43	12/09 00:51
Dec 20 (Sun)	Ekadashi	12/19 16:39	12/20 14:44
Dec 23 (Wed)	Purnima	12/23 05:17	12/24 01:28

Notes:

- Starting and ending times are obtained from the Ananda Marga Diary.
- The actual fasting day is calculated to include most of the indicated lunar phase.
- Calculations follow the Indian convention of starting the day at dawn rather than midnight.